Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 4	Year 4	Year 4	Year 4	Year 4	Year 4
Circles:	Circles:	Circles:	Circles:	Circles:	Circles:
Belonging	_Friendship	Resilience	Feelings	Respect	Trust & Empathy
What are the benefits of	What are the signs of a good	How might someone feel if?	What are values?	What are our rights and	How do you know if someone is
belonging to a group /	friendship?	How might someone show that	Where do people's values come	responsibilities in school and at	feeling a certain way?
community?	How should friends treat each	they are feeling this way?	from?	home?	How can you respond to
What are your responsibilities	other?	How can you show	Why do we have rules?	How can we ensure that	someone's feelings in a way that
towards?	What is collaboration?	perseverance?	Who makes rules and laws?	everyone's rights are respected	will help them?
How will your contribution	How does collaboration help our	Where can you get help with		and met?	What is empathy?
benefit our school?	friendships and relationships?	challenges?			
Relationships:	Relationships:	Relationships:	Relationships:	Relationships:	Relationships:
RSE: Feelings & Friendship – Expressing positive & negative feelings. http://www.bbc.co.uk/education /topics/zhjxfg8/resources/1 BBC Class clips RSE Spiral Curriculum: Feelings – Activity 1	RSE: Feelings & Friendship-Qualities of friendship and conflict. Feeling left out.http://www.bbc.co.uk/education/topics/zhjxfg8/resources/1 BBC Class clips FEELINGS & EMOTIONS — How many feelings do you know? Understand how to support others who are lonely, jealous or upset (1Decision — Jelousy) RSE Spiral Curriculum: Friendship — Activity 2 & 3	RSE: Celebrating Difference and diversity- how are we similar? How are we different? Celebrating difference (Lesson 1) LGBT – 'Red, A Crayon's Story' text (Trans identities – celebrating difference & diversity) Scratch Jr – animate a scene from the text in Computing. RSE Spiral Curriculum: Growing Up – Activity 10	RSE: Celebrating Difference and diversity- how are we similar? How are we different? Celebrating difference (Lesson 2)	RSE: Celebrating Difference and diversity- how are we similar? How are we different? Celebrating difference (Lesson 3) RSE Spiral Curriculum: Growing Up – Activity 6 & 7	RSE: Growing Up & Safety – Correct use of vocabulary (Teaching SRE with confidence Lesson 1-3) GROWING & CHANGING – Relationships- know that relationships change as we grow. Identify how relationships can be healthy/unhealthy. (1Decision – Appropriate Touch/Relationships) RSE Spiral Curriculum: Everyone is special/different – Activity 9 & 10
	ANTI BULLYING: Anti-bullying week ABCD Curriculum – pg 47		ANTI BULLYING: ABCD Curriculum – pg 83/108		ANTI BULLYING: ABCD Curriculum – pg 132

Health & Well-Being:	Health & Well-Being:	Health & Well-Being:	Health & Well-Being:	Health & Well-Being:	Health & Well-Being:
DATE: Identify & name some feelings. Express positive and negative qualities (link to circle time)	DATE: Harmful aspects of some household products & medicines. Keeping safe at home- Link to science and electricity- dangers at home http://www.everyschool.co.uk/pshe-key-stage-2-keep-safe-and-healthy.html	DATE: Simple choices about some aspects of health and wellbeing – understand the effects of alcohol & tobacco. (DATE Lesson 2) Effects of alcohol (Teaching DATE with confidence Lesson 1) Limits to drinking alcohol (Teaching DATE with confidence Lesson 3)	DATE: Simple choices about some aspects of health and wellbeing – drugs. (DATE- Lesson 4)	DATE: Describe ways of keeping safe – safety in the home. (DATE Lesson 1)	DATE: Unwanted influences and peer pressure. (DATE Lesson 3)
E SAFETY: Self Image and Identity (Project Evolve) I can explain how my online identity can be different to the identity I present in 'real life' • Knowing this, I can describe the right decisions about how I interact with others and how others perceive me. ABCD Curriculum – pg 20		E SAFETY: Online Reputation (Project Evolve) I can describe how others can find out information about me by looking online.		E SAFETY: Health, Well-Being and Lifestyle (Project Evolve) I can identify times or situations when I might need to limit the amount of time I use technology. • I can suggest strategies to help me limit this time.	E SAFETY: Privacy and Security (Project Evolve) I can describe strategies for keeping my personal information private, depending on context. COMPUTER SAFETY: Identify cyber-bullying and its consequences. Coping strategies if someone is being bullied online (1Decision —Online Bullying)
KEEPING/ STAYING SAFE: Safe/Unsafe Scenarios — Strategies to keep themselves and others safe — risky choices (1 Decision — Cycle Safety)		KEEPING/ STAYING HEALTHY: Healthy Lifestyle Choices — Know & understand how sugar, salt and fat in food and drink affects us (1 Decision — Healthy Living) Stockport Road Safety - Headsmart		HEALTHY LIFESTYLES: Being a safe cyclist and road safety, use of seatbelts in the car. http://www.bbc.co.uk/education/clips/z92w2hvhttp://talesoftheroad.direct.gov.uk/cycling-safety.php	
Living In The Wider World: FINANCIAL CAPABILITY: My Money Primary Toolkit — Year 4, Unit 1 - Understanding My Money.	Living In The Wider World: BEING RESPONSIBLE: Responsibility at home, at school & in the community: Understand the importance of being responsible in a range of situations. Why being on time is important (1Decision – Coming Home On Time)	Living In The Wider World: FINANCIAL CAPABILITY: My Money Primary Toolkit — Year 4, Units 2/3 - My Money Works/My Money Impact.	Living In The Wider World: BEING RESPONSIBLE: The Working World: Know and understand who pays for the services that keep us healthy and safe. Identify ways we can help those who look after us (1Decision – Chores At Home)	Living In The Wider World: FINANCIAL CAPABILITY: Keeping your money safe- Isle of Wight document	Living In The Wider World: BEING RESPONSIBLE: A World Without Judgement: What does the word 'judgement' mean? Focus on positive attributes in others and understand how our judgements and opinions can affect others (1Decision – Breaking Down Barriers)